



## ELITE MEDICAL CARE

### **PATIENT EMERGENCY PREPAREDNESS PLAN**

#### Emergency Contact Information

- Police \_\_\_\_\_
- Fire \_\_\_\_\_
- EMS \_\_\_\_\_
- Local Red Cross \_\_\_\_\_
- Physician \_\_\_\_\_
- Pharmacy \_\_\_\_\_
- Neighbor \_\_\_\_\_
- Relatives \_\_\_\_\_

#### Make a List

- Medication
- Medical information
- Allergies and sensitivities
- Copies of Health Insurance Cards

#### Have on hand

- A 7-day supply of medication if available
- Cell phone
- Standard telephone
- Flashlight batteries
- Emergency food
- Assorted sizes of reclosable plastic bags for storing food and waste
- Small battery operated radio and extra batteries
- First aid kit

#### Evacuation Plan

- Know where the shelter is located that can meet your special needs
- Plan for alternate locations
- Plan for transportation to a shelter or other location
- Have a grab bag prepared
- Arrange for assistance if you are unable to evacuate by yourself

#### Shelter in place

- Maintain a supply of non perishable foods for 7 days
- Maintain a supply of bottled water: 1 gallon per person
- Be prepared to close, lock and board windows and doors in necessary

#### Pets

- Have a plan for your pet's hotel local animal shelter. Emergency shelters will not accept pets
- Extra pet food, carriers, bowls, ID tags for your pet

#### Special needs considerations

- If you use a laptop computer for communication, consider a power converter that plugs into a cigarette lighter
- For hearing difficulties, consider getting a visual text display weather radio



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- For vision issues, mark your disaster supplies with fluorescent tape, Brailled, have high-powered flashlights and extra batteries.
- For assistive equipment, label with instruction cards on how to operate. Attach the cards to your equipment.
- Know what your options are if you are not able to evacuate with your assistive device
- Consider generators to power life saving equipment
- Consider Smart 911

During emergency situations, Elite Medical Care, LLC will make reasonable attempts to contact each client who have Category II (oxygen cylinders, concentrators, cpaps, bipaps, TENS unit, Enteral Feeding) or III (Equipment that sustains life or monitors life functions ventilators, uterine monitors) equipment following a disaster to access your needs. We will prioritize visits with clients based upon the urgency of the need for service.

Clients with Category II or III equipment will be directed to call 911 and be taken to an area hospital.